

University Rowing Association Championship Regatta

April 2, 2005

Location: Lake Arthur in Moraine State Park about 35 miles north of Pittsburgh near the intersection of I-80 & I-79. Directions can be found at: <http://www.threeriversrowing.org/lakeArthurCourse.html> and information about the state park can be found at: <http://www.dcnr.state.pa.us/stateparks/parks/moraine.aspx>

Competition: This event is an invitational regatta for university club crew programs whose varsity sports programs compete at the NCAA Division III level. Participants for each team must be bona fide members of that university's club crew program. Crew clubs are invited this year from those universities whose varsity athletic programs compete in the University Athletic Association (UAA). Invited programs include:

- Brandeis University
- Case Western Reserve University
- Carnegie-Mellon University
- University of Chicago
- Emory University
- New York University
- University of Rochester
- Washington University

However, this event is not officially sanctioned nor recognized by the UAA or NCAA.

Regatta Web Site: <http://www.rathburn.net/rowing/URA/2005/URA2005.html>

Registration and Entry Information: All entries will be made through the Regatta Organizer (see below). Please try and provide your final entry information on or before **noon** on Wednesday, March 30th, 2005 (so we can distribute a preliminary race schedule). *There tends to be a bunch of adjusting of the race day schedule leading up to the race to accommodate hot seating. The sooner you can send in your entries the better.* Email or phone entries are acceptable. **Entry fees** are \$20 per boat with a team maximum (men & women) of \$150. Please, make checks out to *Doug Rathburn* (I will distribute to the necessary parties, and if you require an invoice let me know). Funds will be used to cover the expense of using the site facilities, providing porta-potties, launches at the site, and a small portion of the awards.

Directions: <http://www.threeriversrowing.org/lakeArthurCourse.html>

Directions from Pittsburgh and Points South:

U.S. Interstate Route 279 North to U.S. Interstate Route 79 North to Exit 96 (formerly #28). Turn right onto PA Route 488, take second left and follow to Moraine State Park, South Shore, and Pleasant Valley. There should be Regatta signs pointing the way. As you enter the park, continue to travel straight ahead until you see the parked shell trailers.

Directions from Erie and Points North:

U.S. Interstate Route 79 South to Exit 99 (formerly #29). Follow PA Route 422 (South or East), take first exit and follow to Moraine State Park, South Shore, and Pleasant Valley. There should be Regatta signs pointing the way.

A **map of the site** can be found at:

http://www.dcnr.state.pa.us/stateparks/parks/maps/moraine_mini.pdf

We will be boating from the "Pleasant Valley" area on the map. Inset of area also provided.

Trailer Parking: Parking in the Pleasant Valley area parking lots on map linked above. The park is only open from Sunrise until Sunset. Therefore, the trailers need to be in place before sunset Friday night or you can just come in Saturday morning.

Sunset	April 1	6:45pm
Sunrise	April 2	6:02am
Sunset	April 2	6:46pm

We are racing in a State Park, so every team should take care to not leave trash or damage the site in any way.

Check in: Will begin April 2rd, 2004 at 6:30 am. Please check in at the registration stand upon arrival. **Waivers (standard USRowing) and payment should be brought to the race and delivered upon checking in. Participation in this event is an acceptance of associated risk.**

Coaches and coxswains: Coach/Coxswain meeting will be held April 2rd, 2005 at 7:00am. Races will begin at 8:00 am. A heat sheet and updated race schedule will be provided at the meeting. Coxswains will not be weighed.

JV & 2nd Crews: A Junior Varsity (JV) crew may not enter the open/varsity event of the same boat class. Similarly with the novice events if two flights of the same novice boat class are offered. Generally, the fours are oversubscribed since coaches want to race multiple fours in an event. When entries warrant, we will try and offer a separate JV/2nd boat event that will receive medals but no points (see "Team Points" appendix). Otherwise, the second crews will fill out the field of the Varsity or Lightweight events. As a result, a rower competing in the JV or second novice event may not compete in another, higher category of that boat class. E.g. if a rower is in the JV four, they may not enter the varsity four, but can race in the open eight or open pair event.

Lightweights: will be based on the honor system with no individual male rower exceeding 160lbs or female rower exceeding 130lbs. Athletes will not be weighed on the day. If a rower/coach is found to have violated the honor system, the offending crew will be disqualified.

Novice: A Novice event is open to rowers in their first year of any competition. Novice status is separate for sweep and sculling. Crews entered in Novice events shall include only novice rowers. A novice coxswain is not required to cox a novice entry.

All teams will need to provide their own bow numbers. Lanes 0-7

Lodging: <http://www.threeriversrowing.org/lakeArthurCourse.html>

- Fairfield Inn, Butler 724-283-0009
- Comfort Inn, Butler 724-287-7177
- Days Inn, Butler 724-287-6761
- Sheraton, Cranberry 724-776-6900
- Hampton Inn, Cranberry 724-776-1000
- Holiday Inn Express, Cranberry 724-772-1000
- Applebutter Inn, Slippery Rock 724 794-1844
- Inn at Mt. Chestnut B&B 724-282-0383

Carnegie-Mellon has also arranged gym floor space for crews seeking low cost accommodation. However, the campus is roughly 40 miles away from the race site. If interested, please contact CMU's coach, Donald Webber-Plank, at dwebberplank@gmail.com or 412-606-9741 to see if there's still space available.

Course/Awards: The course will be 2000 meters long (6 lanes) and will begin with a floating start. Medals (gold, silver & bronze) will be awarded for each race including the “B” crew finals. Men’s teams will be competing for the **Case Alumni Cup** and women’s teams for the **Chicago Alumni Cup**. The team point cups will be based on the agreed upon scoring system (see Appendix 1). These cups will become an annual pass-down award and will need to be brought back the following year. In the tradition of collegiate championship racing, crews are expected to give their racing shirts to the winners of the event in which they participated. This practice is expected, but not mandatory this year.

There will be an awards presentation at the end of the day for individual event medals and the team point trophies. Please, ensure your teams stick around for the presentation. We will be taking event and team photos.

Previous Cup Winners:

Chicago Alumni Cup

2004 University of Rochester

Case Alumni Cup

2004 Washington University

Tentative Schedule*: (all events are finals until further notice)

Please, be aware that the race times are local. Pittsburgh is on Eastern Time.

8:00 am	Event 1	Men’s 2- (<i>A Crews</i>)
8:20 am	Event 2	Women’s Novice 4+
8:40 am	Event 3	Men’s Novice 8+
9:00 am	Event 4	Women’s 2-
9:20 am	Event 5	Men’s Varsity 4+ (<i>A Crews</i>)
	BREAK	
9:50 am	Event 6	Combined Novice 4+ (<i>Men’s & Women’s B Crews</i>)
	BREAK	
10:40 am	Event 7	Men’s 8+
11:00 am	Event 8	Women’s Lightweight/JV 4+
	BREAK	
11:40 am	Event 9	Men’s Lightweight 4+
12:00 pm	Event 10	Women’s Novice 8+
12:20 pm	Event 11	Women’s 4+
	BREAK	
1:00 pm	Event 12	Men’s 2- (<i>B Crews</i>)
1:20 pm	Event 13	Men’s Novice 4+ (<i>A Crews</i>)
1:40 pm	Event 14	Men’s JV 4+ (<i>B Crews</i>)
2:00 pm	Event 15	Women’s 8+
	BREAK	<i>(Prep for Awards Ceremony)</i>
2:30 pm	Event 16	Coach’s 1x (<i>sprint</i>)

* Please send requests for changes in the schedule ASAP

Due to expected number of entries, we will probably offer finals for A & B crews with medals given for each. The schedule will be finalized once all entries are received (please, check your email inbox frequently the week before the race).

There is plenty of time between races this year. Coaches must do their best to ensure their crews are near the starting line 2 minutes before the start of the event. Crews late to the

start will be assessed a false start. Crews with 2 false starts may participate in the race for time only, but will not be considered for awards or the team point standings.

Rules and Arbitration: This is a race organized for the benefit of the student athletes by the coaches and school supporters. The race is meant as an early season tune up for the participating schools and is informal in nature. Since the race is run by and for the schools, coaches with the help of the officiating staff will be responsible for settling any disputes in a sportsmanlike manner. Let's all enjoy a great day of racing.

Launching/Course: The regatta site does not have docks. Therefore, we will be beach launching from the south facing Pleasant Valley Day Beach (see map). It is April so remember to bring extra pairs of warm socks. The expectation is that there will be lots of **hot seating** (shells and rowers) throughout the day. There will be plenty of time between races so it is each crew's responsibility to report to the starting area on time. Since ample time will be given, late crews will be assessed a false start if late to the start.

Launch with bows leading into the cove in counter-clockwise pattern to exit cove and travel south along west shore to Start line. The 2000m race course is South, (Start line is almost exactly as fisherman symbol on map-just above "Waterfowl Observation Area") traveling north to Finish line (point of Pleasant Valley Cove area). Return to cove, counter-clockwise back to the beach.

Volunteers: Each team is expected to provide at least two people to be available for volunteer duties throughout the day. As last year, head coaches will take a leadership role in the regatta and be responsible for the major portions of the regatta operation. Support volunteers are to report to the check-in area at 6:00am on race day. Coaches will be running around in a crazed manner per the usual...

Major Areas of Responsibility:

Start Line – 2 or 3 head coaches + 4 volunteers for starting and launch duty

Finish Line – 1 head coach + 8 volunteers for timing and finish arbitration

Dock – 1 head coach + 3 volunteers for aiding crews and tracking hot seating

Contact Information:

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Appendix 1

Team Points Scoring System

Points will be calculated in each event for the highest scoring entry for each team in the final. Multiple entries from any team are permitted in an event, but only the highest placing boat will earn points. If finals for “B” crews are run they will receive medals, but not points for the team trophy. Points are rounded to the ½ point for ease.

Points will be awarded as follows for races with **5+ entries**:

Place		Events:					Points
		Varsity 8	Novice 8 Ltw/JV 8	Varsity 4	Varsity 2x Varsity 2- Novice 4 Ltw/JV 4	Varsity 1x	
1 st	100%	30	24	20	16	9	
2 nd	80%	24	19	16	13	7.5	
3 rd	40%	12	9.5	8	6.5	3.5	
4 th	20%	6	4.5	4	3.5	2	
5 th	10%	3	2.5	2	1.5	1	

Points will be awarded as follows for races with **4 entries**:

Place		Events:					Points
		Varsity 8	Novice 8 Ltw/JV 8	Varsity 4	Varsity 2x Varsity 2- Novice 4 Ltw/JV 4	Varsity 1x	
1 st	100%	30	24	20	16	9	
2 nd	60%	18	14.5	12	10	5.5	
3 rd	30%	9	7	6	5	2.5	
4 th	10%	3	2.5	2	1.5	1	

Points will be awarded as follows for races with **3 entries**:

Place		Events:					Pts
		Varsity 8	Novice 8 Ltw/JV 8	Varsity 4	Varsity 2x Varsity 2- Novice 4-A Ltw/JV 4	Varsity 1x Novice 4- B	
1 st	100%	30	24	20	16	9	
2 nd	60%	12	9.5	8	6.5	3.5	
3 rd	10%	3	2.5	2	1.5	1	

Points will be awarded as follows for races with **2 entries**:

Place		Events:					Pts
		Varsity 8	Novice 8 Ltw/JV 8	Varsity 4	Varsity 2x Varsity 2- Novice 4-A Ltw/JV 4	Varsity 1x Novice 4- B	
1 st	100%	15	12	10	8	4.5	
2 nd	10%	1.5	1.5	1	1	0.5	

Events with **one entry** will most likely be scratched, but if rowed over will receive no points.